

Name of Child Athlete: \_\_\_\_\_ Grade: \_\_\_\_\_

Gender:  Male  Female

Circle any sport(s) that your child may be interested in participating in:

5<sup>th</sup> – 8<sup>th</sup> Grade

Basketball

Volleyball (girls only)

4<sup>th</sup> – 8<sup>th</sup> Grade

Cross Country

Track

Archery

Please read and discuss the following with your son/daughter and have the student athlete sign below.

PAL Mission Statement and Guidelines for Players:

1. PAL seeks to encourage good sportsmanship, fair play, and positive Christian attitude out of all of its players. Because PAL is about working with student athletes, occasional lapses in the behavior of the players are to be expected. However, repeated misbehavior, which violates the basic spirit that PAL and its players are striving for, will not be tolerated.
2. Any such behavior reported in writing by a PAL referee/official, coach, parent, or spectator will result in a review of the incident by a committee consisting of the League President, Vice President, and the Sport Director of the sport in which the incident occurred.
3. The Sport Committee can recommend to the Board the action to be taken. For a valid first infraction, a warning will be issued to the player (and sent to his/her parents). Further actions may be recommended to the Board as deemed appropriate. All actions will be Board-approved. If the player is involved in further incidents, automatic suspension for a set number of games is a likely recommendation by the committee. After any suspension, a player-parent-Board conference is required before the player can resume play.

St. Francis Xavier School Athlete Expectations:

1. Players should respect all members of the teams regardless of their ability levels.
2. Players should realize that winning is not the purpose of the game. Learning and improving individual skills and teamwork is the purpose. A team can improve greatly and still not win the game.
3. Players should show respect for the coach by listening at practices and letting the coach know when they cannot attend practices.
4. Players should show respect for game officials, scorekeepers, and the gym, property and equipment. It is the job of the coach to appropriately discuss or deal with any problems or concerns, not the players.
5. Players must adhere to the academic eligibility guidelines specified by his/her school.
6. Players should always wear their uniform properly. Shirts should be tucked in and shorts should be worn properly.
7. No inappropriate language, gesture, or body language is permitted. This includes during competition, warm-up and before and after games.
8. Players are prohibited from intimidating, taunting or provoking opposing fans, player or coaches.
9. Players should never argue with game officials or use inappropriate language or body gestures toward them.
10. Player should address all adults assisting in the operation of the game with respect. If a problem arises, it should be addressed by the coach.

I have read and discussed with a parent the above guidelines established by the PAL, the SFX Athletic Committee, and the SFX School Board and agree to abide by these guidelines.

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Signature of Student Athlete Date

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Signature of Parent Date

- A current physical exam form needs to be on file with the in order for a student to participate in the SFX sports program.
- **\$15.00 check per student athlete** made payable to the St. Francis Xavier Athletic Committee is due. This fee is per athlete, not per sport that the athlete is participating.
- Please ensure that a **Student Athlete Agreement Form** (this form) is filled out for every student athlete in a family.
- Please ensure that one **Contact/Emergency Form** and one **Parent Agreement Form** is filled out for your family.

Office Use Only	
\$ _____	<input type="checkbox"/> Check # _____ <input type="checkbox"/> Cash
Parent (family) Forms	<input type="checkbox"/>
Physical	<input type="checkbox"/> <input type="checkbox"/> Still Needed